



Catholic Conference Championship at Greystone Park (Boys)

11/5/2016

Some PR's

Frosh 2500 Meters (2:20 PM)

6th Place

Comments

Pace

Split Times

1.0 mile

39	Labrie, Daniel	10:18.66		6:38	6:00.00
42	White, Patrick	10:29.23		6:45	6:10.00
45	Kelly, Matt	10:31.44	PR (-52.26)	6:46	6:18.00
57	Axt, Matt	10:50.64	PR (-50.06)	6:58	6:11.00
59	Mizhirumbay, Jonathan	11:03.19		7:06	6:24.00
60	Brown, Jordan	11:04.29		7:07	6:20.00
87	Handler, Max	13:24.23	PR (-08.47)	8:37	7:47.00
88	Mintel, John	13:25.49		8:38	8:08.00
92	McElroy, John	15:37.96		10:03	8:58.00
93	Wodzinski, John	16:28.47		10:36	9:23.00

10:38 Team Average

153 Points

JV 5K (3:00 PM)

4th Place

Comments

Pace

Split Times

1.0 mile

2.0 miles

15	Malar, Brian	18:03.30	PR (-06.15)	5:48	5:32.00	11:20.00
27	Roach, Branden	18:40.58	PR (-31.62)	6:00	5:36.00	11:36.00
32	Ciano, Josh	18:57.44		6:06	5:40.00	11:44.00
45	Albanese, Christian	19:22.33	PR (-45.67)	6:14	5:50.00	12:07.00
49	Walto, Will	19:28.85	PR (-1:17.05)	6:16	6:02.00	12:16.00
52	Turner, Zach	19:30.56		6:16	6:10.00	12:26.00
61	Palacio, Andrew	19:50.96		6:23	6:17.00	12:36.00
72	Odoms, Rashid	20:16.16	PR (-1:52.54)	6:31	6:17.00	12:45.00
92	Evely, Ryan	20:41.59		6:39	6:06.00	12:46.00
96	Howald, Callum	20:49.63		6:42	6:17.00	13:00.00
99	Piazza, Zach	20:55.13		6:43	6:17.00	13:09.00
100	Swinehart, Matt	20:55.95	PR (-37.05)	6:44	6:27.00	13:18.00
103	Scacifero, James	21:03.32		6:46	6:26.00	13:13.00

18:54 Team Average

120 Points

Varsity 5K (3:45 PM)

5th Place

Comments

Pace

Split Times

1.0 mile

2.0 miles

10	Papachristos, Nate	15:25.70	PR (-31.70)	4:57	5:07.00	10:25.00
20	Rodriguez, Andre	16:50.72	PR (-10.14)	5:25	5:15.00	10:41.00
26	Cadas, Justin	16:59.50		5:28	5:15.00	10:44.00
40	Rokosz, Gerard	17:35.92	PR (-19.38)	5:39	5:22.00	11:03.00
56	Sullivan, Patrick	17:47.02	PR (-54.73)	5:43	5:20.00	11:03.00
79	Garrity, Trevor	18:24.06		5:55	5:17.00	11:10.00
84	Gibbs, Greg	18:48.29		6:03	5:21.00	11:20.00

17:07 Team Average

152 Points